Grumpy Days and Saying Sorry: assembly script

At a glance

Story: Bramble's Grumpy Day **For:** Reception and Key Stage 1 (ages 4–7) **Time:** 10–15 mins

You need: the PowerPoint. The same script is in its speaker notes. You don't need any props.

Links: Relationships and health education (primary): caring friendships; general wellbeing. EYFS Personal, Social and Emotional Development: Self-Regulation.

1. Welcome	Welcome, everybody. Today's assembly is about grumpy days, and saying sorry. We're going to hear a story from Thistledown Lane called "Bramble's Grumpy Day".
2. Think about it	Ask: Can you show me a grumpy face? Now a happy face? Do the faces together. Say: everybody feels grumpy sometimes, and that's all right. Let's see what happened when Bramble had a grumpy day.
3. The story, part 1	Read: One morning, Bramble was very grumpy. She did not want porridge. She did not want toast. She stomped out of the door.
4. The story, part 2	Read: Moss and Lilly were catching leaves. "Every one you catch is a wish!" said Lilly. "That's silly," said Bramble. So Moss let his leaves go.
5. The story, part 3	Read: Bramble marched off across the big green field on her own. She kicked the grass. It did not help. "Everything's wrong today," she said.
6. The story, part 4	Read: Then Sorrel the fox popped up. "Can I be grumpy next to you?" he asked. He sat down next to her and did not say anything at all. That helped a little bit.
7. The story, part 5	Read: They went back to Mam. "It's called a grumpy day," said Mam. "Everybody has them. Even me." Then Mam straightened Bramble's scarf.
8. The story, part 6	Read: Bramble said sorry to Moss and Lilly for being grumpy. Everybody laughed, even Bramble. Then Moss gave her a leaf. "That's a wish," he said.

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9. Talk together	Give children half a minute with a partner for each question, then take a few answers. 1. What did Bramble say that made Moss sad? Listen for: that catching leaves for wishes was silly. 2. How did Sorrel help? Listen for: he sat next to her and didn't say anything. 3. What did Bramble do to put it right? Listen for: she said sorry to Moss and Lilly.
10. Have a go	Put your hands on your tummy. Breathe in slowly and feel it grow. Breathe out slowly and let the grumps float away, like a leaf on the wind. Do it three times.
11. Remember	Read it together, slowly. Ask the children to say it back to you.
12. Quiet moment	Invite everybody to sit still, close their eyes if they would like to, and think quietly for half a minute. You can add your own school's prayer or reflection here.
13. This week	Set the challenge for the week. If you feel grumpy, stop, breathe, and use kind words. You could ask in your next assembly who had a go.
14. Goodbye	Say goodbye. If you have time, watch the whole episode free at https://thistledownlane.co.uk/episode-brambles-grumpy-day (no adverts, no sign-in and no tracking).

The lesson

Everybody has a grumpy day. That's all right. But if your grumpy day is unkind to somebody, say sorry.

If you have longer

Watch the whole episode free at **thistledownlane.co.uk/episode-brambles-grumpy-day** before the questions. There are no adverts, no sign-in and no tracking.

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