Feeling Embarrassed: assembly script

At a glance

Story: Sorrel's Spring Coat **For:** Reception and Key Stage 1 (ages 4–7) **Time:** 10–15 mins
You need: the PowerPoint. The same script is in its speaker notes. You don't need any props.
Links: Relationships and health education (primary): respectful, kind relationships; general wellbeing. EYFS Personal, Social and Emotional Development: Self-Regulation.

1. Welcome	Welcome, everybody. Today's assembly is about feeling embarrassed. We're going to hear a story from Thistledown Lane called "Sorrel's Spring Coat".
2. Think about it	Ask: Have you ever wanted to hide? You could share a small example of your own. Say: everybody feels embarrassed sometimes. In today's story, Sorrel wants to hide behind his own tail!
3. The story, part 1	Read: It was a breezy spring morning on Thistledown Lane. There was orange fluff everywhere! It was on the grass, on the hedge and on Lilly's beret.
4. The story, part 2	Read: The fluff was coming off Sorrel the fox. "I'm falling to bits!" said Sorrel. He curled up by the hedge and put his tail over his face.
5. The story, part 3	Read: Bramble took Sorrel home to Mam. "You're not falling to bits," said Mam. "You're changing your coat." His thick winter coat was coming out. A light summer coat was growing underneath.
6. The story, part 4	Read: Mam brushed Sorrel's back with her softest brush. Out came big puffs of orange fluff. "That tickles!" said Sorrel.
7. The story, part 5	Read: Sorrel took the fluff to Moss's Swap Shop. Then the wren cousins flew down. "We need something soft!" they said. Sorrel gave them his fluff for their nests. They gave him a little striped feather.
8. The story, part 6	Read: The cousins flew away with beakfuls of orange fur. "My coat's going to keep the baby birds warm," said Sorrel. "I'm not falling to bits after all. I'm sharing!"

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9. Talk together	Give children half a minute with a partner for each question, then take a few answers. 1. Why did Sorrel hide? Listen for: his fluff was coming out and he thought he was falling to bits. 2. What was really happening? Listen for: he was changing his winter coat for a summer one. 3. How did his fluff help somebody else? Listen for: the wren cousins used it in their nests, to keep the baby birds warm.
10. Have a go	Cover your face with your hands, like Sorrel's tail. Then open them up with a big smile and say together: "I'm me!"
11. Remember	Read it together, slowly. Ask the children to say it back to you.
12. Quiet moment	Invite everybody to sit still, close their eyes if they would like to, and think quietly for half a minute. You can add your own school's prayer or reflection here.
13. This week	Set the challenge for the week. Say something kind to somebody who feels shy. You could ask in your next assembly who had a go.
14. Goodbye	Say goodbye. If you have time, watch the whole episode free at https://thistledownlane.co.uk/episode-sorrels-spring-coat (no adverts, no sign-in and no tracking).

The lesson

The bits of you that you're shy about can turn out to be a gift for somebody else.

If you have longer

Watch the whole episode free at **thistledownlane.co.uk/episode-sorrels-spring-coat** before the questions. There are no adverts, no sign-in and no tracking.

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